

# Roaring Fork Valley Food Resources for Seniors

## Food Pantries

Lift-Up

Food 1 time per month  
Please call your local office for details

### Aspen

Tuesday & Thursday 11am—1pm  
456 N. Mill St. #12  
Aspen, CO 81611  
970.544.2009

### Basalt

Wednesday & Thursday 11am—1pm  
Basalt Community United Methodist Church

167 Holland Hills Road  
Basalt, CO 81621  
970.279.1492

### Carbondale

Mon/Wed/Fri 10am—12:30pm  
Third Street Center

520 S. 3rd St. #35  
Carbondale, CO 81623  
970.963.2005

### Glenwood Springs

Tuesday & Thursday 10am— 3pm  
Friday 10am—12:30pm  
1004 Grand Ave.  
Glenwood Springs, CO 81601  
970.945.2005

## Mobile Food Pantries

### Pitkin County H&HS Building

0405 Castle Creek Road, Aspen  
Contact: Susan Markwood,  
970.920.5235

July 14, Aug. 11, Sep. 8

### Colorado Mountain College

255 Sage Way, Aspen  
July 26, Aug. 23, Sep. 27  
Starting at 11:00am

### El Jebel— Eagle County Community Center

0020 Eagle County Dr.  
Contact: Camila Stefli,  
970.328.9586

July 20, Aug. 17, Sep. 21  
Starting at 11:30am

## Low Cost Senior Lunches

### with Friends

Please make a reservation 24 hours in advance

### Pitkin County Senior Center

Monday, Wednesday, Friday  
0275 Castle Creek Road  
Aspen, CO 81611  
970.920.5432

### El Jebel Community Center

Tuesday & Thursday  
0020 Eagle County Dr.  
El Jebel, CO 81623  
970.328.7682

### Carbondale

Wednesday  
Crystal Meadows Senior Housing  
1250 Hendricks Dr.  
Carbondale, CO 81623  
970.945.9117

### Glenwood Springs

Tuesday & Friday  
Colorado Mountain College  
1402 Blake Ave.  
Glenwood Springs, CO  
970.945.9117

Monday & Thursday  
Sunnyside Retirement Center  
601 21st St.  
Glenwood Springs, CO  
970.945.9234

## Free Community Dinners

### Aspen

Every Day (7 days a week)  
Aspen Day Center/Homeless Shelter  
0405 Castle Creek Rd. Suite #16  
Aspen, CO  
Dinner daily— please call ahead  
970.925.1342

### Glenwood Springs

Every Day (Monday-Friday)  
The Extended Table  
First United Methodist Church  
824 Cooper Ave.  
Glenwood Springs, CO  
Dinner Mon-Fri 5pm—6pm  
Please call 970.625.4496

## Grow your own food in a community garden

### Aspen

Marolt Open Space

### Basalt

Basalt High School, Ponderosa Park,  
Homestead Drive, Rock Bottom  
Ranch

### Carbondale

Roaring Fork High School, Good  
Seed Community Garden at the  
Orchard Church, 3rd Street Center  
Community Garden (Demeter's  
Garden)

### Glenwood Springs

Glenwood Springs Community  
Center

## More food resources:

1. Call 2-1-1 or visit [www.211.org](http://www.211.org)
2. Call the Hunger Free Hotline at 855.855.4626
3. Call Western Slope Food Bank of the Rockies at 970.464.1138
4. Apply online for Food Assistance (SNAP):

[www.Colorado.gov/PEAK](http://www.Colorado.gov/PEAK)



# Roaring Fork Valley Food Resources for Seniors

## Weekly Calendar of Community Meals

Please make a lunch reservation 24 hours in advance

|               | Sunday  | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   | Saturday  |
|---------------|---|--|--|--|--|--|---|
| <b>Lunch</b>  |   | Pitkin County Senior Center<br>0275 Castle Creek Rd.<br>Aspen, CO 81611<br>970.920.5432                        | El Jebel Community Center<br>0020 Eagle County Dr.<br>El Jebel, 81623<br>970.379.0020                          | Pitkin County Senior Center<br>0275 Castle Creek Rd.<br>Aspen, CO 81611<br>970.920.5432                        | El Jebel Community Center<br>0020 Eagle County Dr.<br>El Jebel, 81623<br>970.379.0020                          | Pitkin County Senior Center<br>0275 Castle Creek Rd.<br>Aspen, CO 81611<br>970.920.5432                        | Faith Lutheran Church<br>1340 Hwy 133<br>Carbondale, CO<br>970.510.5046                       |
|               |   | Sunnyside Retirement Center<br>601 21st St.<br>Glenwood Springs, CO<br>970.945.9234                            | Colorado Mountain College<br>1402 Blake Ave.<br>Glenwood Springs, CO<br>970.945.9117                           | Crystal Meadows Senior Housing<br>1250 Hendricks Dr.<br>Carbondale, CO<br>970.945.9117                         | Sunnyside Retirement Center<br>601 21st St.<br>Glenwood Springs, CO<br>970.945.9234                            | Colorado Mountain College<br>1402 Blake Ave.<br>Glenwood Springs, CO<br>970.945.9117                           | Lunch is on the 3rd Saturday of the month   |
| <b>Dinner</b> | Aspen Day Center/Homeless Shelter<br>0405 Castle Creek Rd. Ste #16, Aspen, CO<br>970.925.1342 | Aspen Day Center/Homeless Shelter<br>0405 Castle Creek Rd. Ste #16, Aspen, CO<br>970.925.1342                  | Aspen Day Center/Homeless Shelter<br>0405 Castle Creek Rd. Ste #16, Aspen, CO<br>970.925.1342                  | Aspen Day Center/Homeless Shelter<br>0405 Castle Creek Rd. Ste #16, Aspen, CO<br>970.925.1342                  | Aspen Day Center/Homeless Shelter<br>0405 Castle Creek Rd. Ste #16, Aspen, CO<br>970.925.1342                  | Aspen Day Center/Homeless Shelter<br>0405 Castle Creek Rd. Ste #16, Aspen, CO<br>970.925.1342                  | Aspen Day Center/Homeless Shelter<br>0405 Castle Creek Rd. Ste #16, Aspen, CO<br>970.925.1342 |
|               |   | The Extended Table<br>First United Methodist Church<br>824 Cooper Ave.<br>Glenwood Springs, CO<br>970.625.4496 | The Extended Table<br>First United Methodist Church<br>824 Cooper Ave.<br>Glenwood Springs, CO<br>970.625.4496 | The Extended Table<br>First United Methodist Church<br>824 Cooper Ave.<br>Glenwood Springs, CO<br>970.625.4496 | The Extended Table<br>First United Methodist Church<br>824 Cooper Ave.<br>Glenwood Springs, CO<br>970.625.4496 | The Extended Table<br>First United Methodist Church<br>824 Cooper Ave.<br>Glenwood Springs, CO<br>970.625.4496 |   |