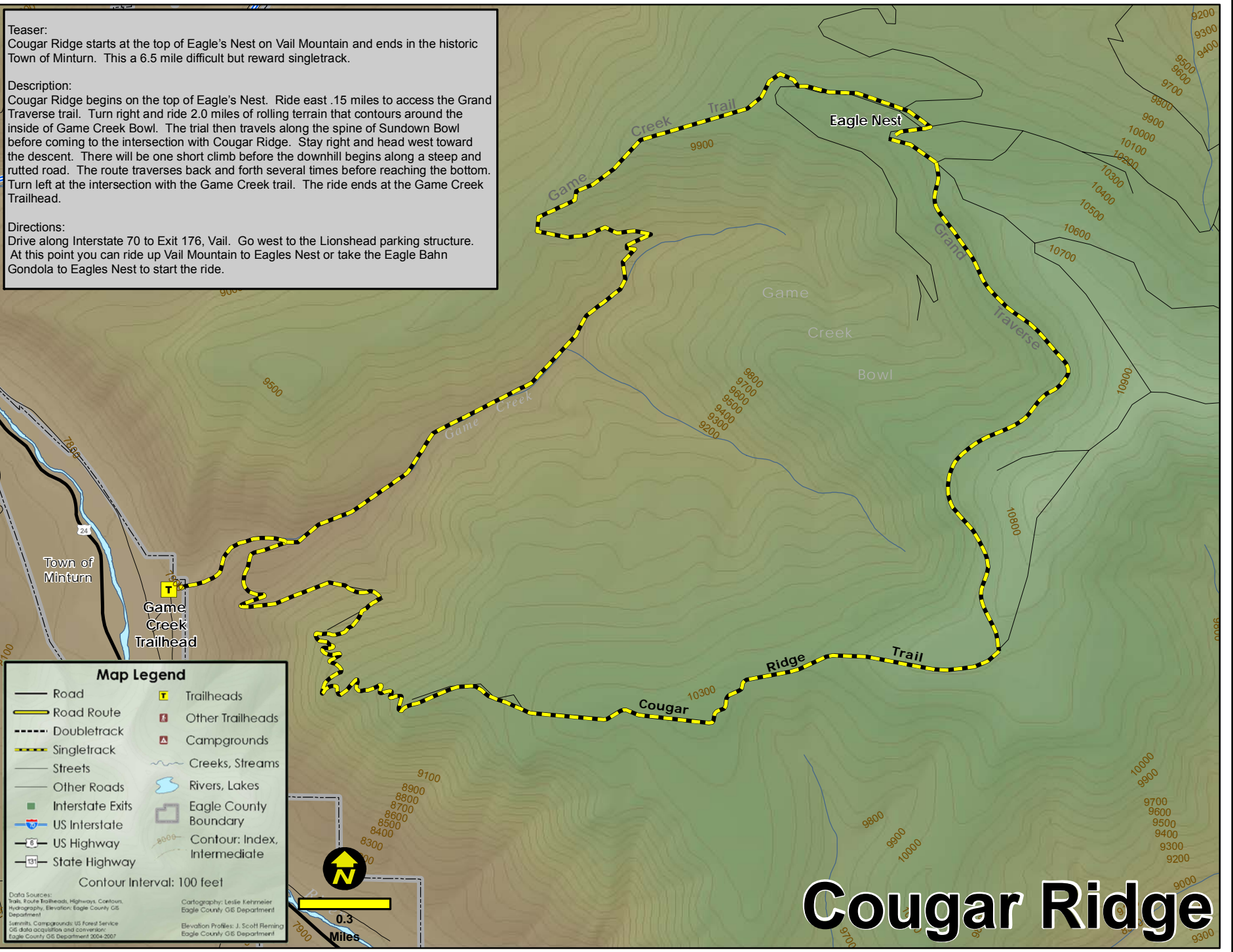


Teaser:
 Cougar Ridge starts at the top of Eagle's Nest on Vail Mountain and ends in the historic Town of Minturn. This a 6.5 mile difficult but reward singletrack.

Description:
 Cougar Ridge begins on the top of Eagle's Nest. Ride east .15 miles to access the Grand Traverse trail. Turn right and ride 2.0 miles of rolling terrain that contours around the inside of Game Creek Bowl. The trial then travels along the spine of Sundown Bowl before coming to the intersection with Cougar Ridge. Stay right and head west toward the descent. There will be one short climb before the downhill begins along a steep and rutted road. The route traverses back and forth several times before reaching the bottom. Turn left at the intersection with the Game Creek trail. The ride ends at the Game Creek Trailhead.

Directions:
 Drive along Interstate 70 to Exit 176, Vail. Go west to the Lionshead parking structure. At this point you can ride up Vail Mountain to Eagles Nest or take the Eagle Bahn Gondola to Eagles Nest to start the ride.



Map Legend

— Road	Ⓡ Trailheads
— Road Route	Ⓡ Other Trailheads
— Doubletrack	Ⓡ Campgrounds
— Singletrack	~ Creeks, Streams
— Streets	☪ Rivers, Lakes
— Other Roads	Ⓡ Eagle County Boundary
— Interstate Exits	— Contour: Index, Intermediate
— US Interstate	
— US Highway	
— State Highway	

Contour Interval: 100 feet

Data Sources:
 Trails, Route Trailheads, Highways, Contours, Hydrography, Elevation: Eagle County GIS Department
 Summits, Campgrounds: US Forest Service GIS data acquisition and conversion: Eagle County GIS Department 2004-2007

Cartography: Leslie Kehrmeier
 Eagle County GIS Department
 Elevation Profiles: J. Scott Fleming
 Eagle County GIS Department

0.3 Miles

Cougar Ridge